

Sponsored by Advocate Children's Hospital  
and Advocate Lutheran General Hospital

*Sports Medicine Symposium:*  
**Health and Wellness  
for Student Athletes**

**Wednesday, February 25, 2015  
9 am – 12 pm || Park Ridge, IL**



*This half-day course has a simple objective:* to educate athletic trainers and other health care professionals about the latest research in sports science and how it can be directly applied to improve athlete performance and wellness.

**Presentations will include:**

- Engineering Athlete Performance – Philip Friere Skiba, DO, PhD, CAQ, Program Director Sports Medicine
- Growth Plate Injuries – David Lessman, MD, CAQ
- Exercise is Medicine – Kara Vormittag, MD, CAQ
- Treating the Tennis Player – Kelly A. Moore, PT, DPT, CTPS
- Understanding and Treating the Baseball Pitcher – Aaron Buchler, PT, DPT

**Location**

Advocate Lutheran General Hospital, Olson Auditorium, 1775 Dempster Street || Park Ridge, IL  
Event parking is located in the West Garage on Luther Lane, just south of Dempster.

**Time**

Registration and Continental Breakfast 8:30 – 9 am  
Course from 9 am – 12 pm (Box Lunch Provided)

**Cost**

Free  
Registration required  
*PT, ATC CEU's pending.*

**Registration**

To register for an event, call 1.800.3.ADVOCATE (1.800.323.8622) and mention the class code 8G55. Online registration is available at [advocatehealth.com/luth](http://advocatehealth.com/luth) click on "I need a class or support group" and type the class code in the keyword box.