SCHOOL NURSES:

CARING FOR SELF AND OTHERS THROUGH THE ARTS!

Mary Ann McDermott

Professor Emerita

Loyola University Chicago

NOURISHING THE AESTHTIC SENSES IN ORDER TO REFILL ONE'S OWN SPIRIT: A RATIONALE FOR THE ARTS IN YOUR LIFE, THAT OF YOUR FAMILY AND THOSE OF THE STUDENTS

Nursing is an art; and if it is to be an art, it requires an exclusive devotion, as hard a preparation, as any painter's or sculptor's work; for what is the having to do with dead canvas or cold marble, compared with having to do with the living body-the temple of God's spirit? It is one of the Fine Arts; I had almost said, the finest of the Fine Arts.

Florence Nightengale

Nursing is love in action
and there is no
finer manifestation of it
than the care of
the poor and disabled
in their own homes.
Lillian Wald
Founder
Vistiting Nurse Service
of New York

NURSING: A PROFESSION AND A CALLING

- Vocation is the place where your deep gladness meets the world's great hunger.

- Frederich Buechner

THE ARTS: CREATING THEM, OBSERVING THEM, LISTENING TO THEM, SUPPORTING THEM) CAN BE A SPIRITUAL EXPERIENCE…A SPIRTUAL PRACTICE.

Arts Assessment Tool

In the beginning was the word:

LITERATURE IN YOUR LIFE AND THOSE YOU CARE FOR

Prose

Poetry

Theater

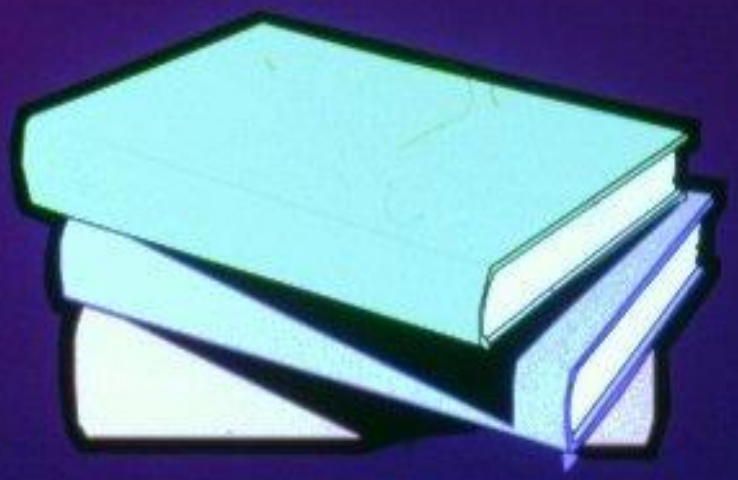
XXXXX NURSING NEWS XXXXX

"Literature is news that stays news."

– Ezra Pound

"The oldest books are still only just out to those who have not read them."

– Samuel Butler

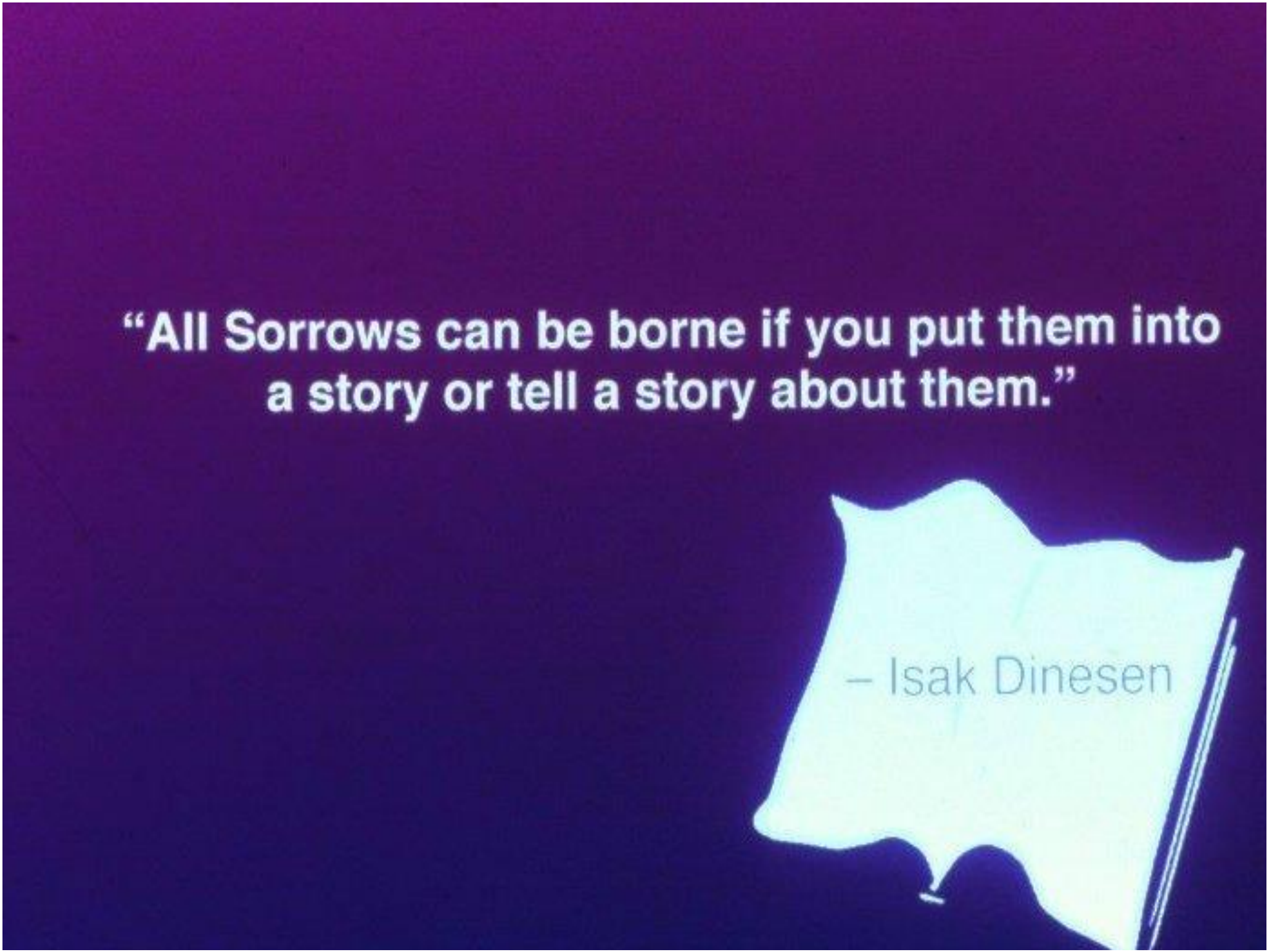


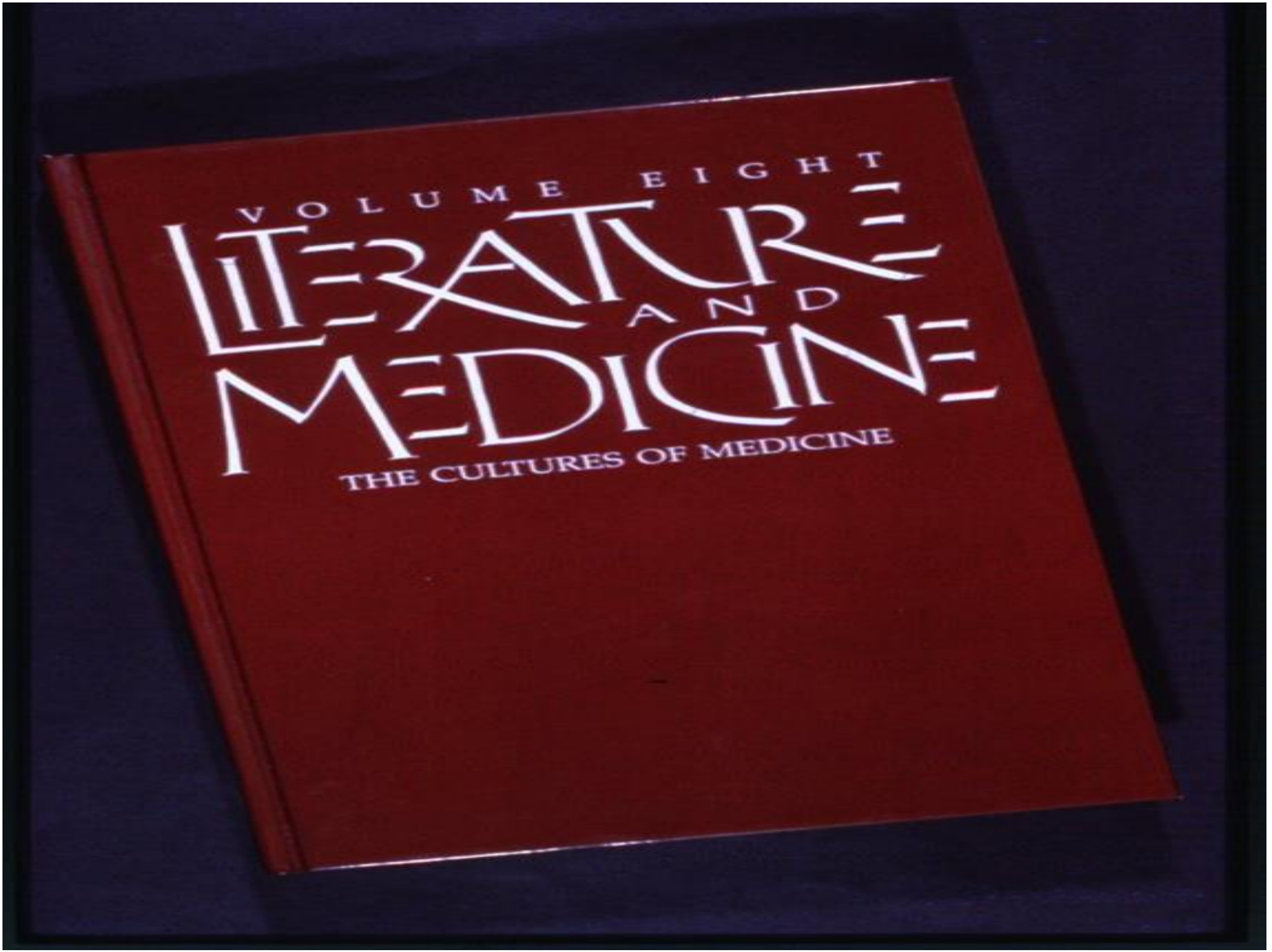
"Show me a list of what a man has read, show me the books he loves, and I'll tell you a great deal about him, maybe even draw a map of his mind."

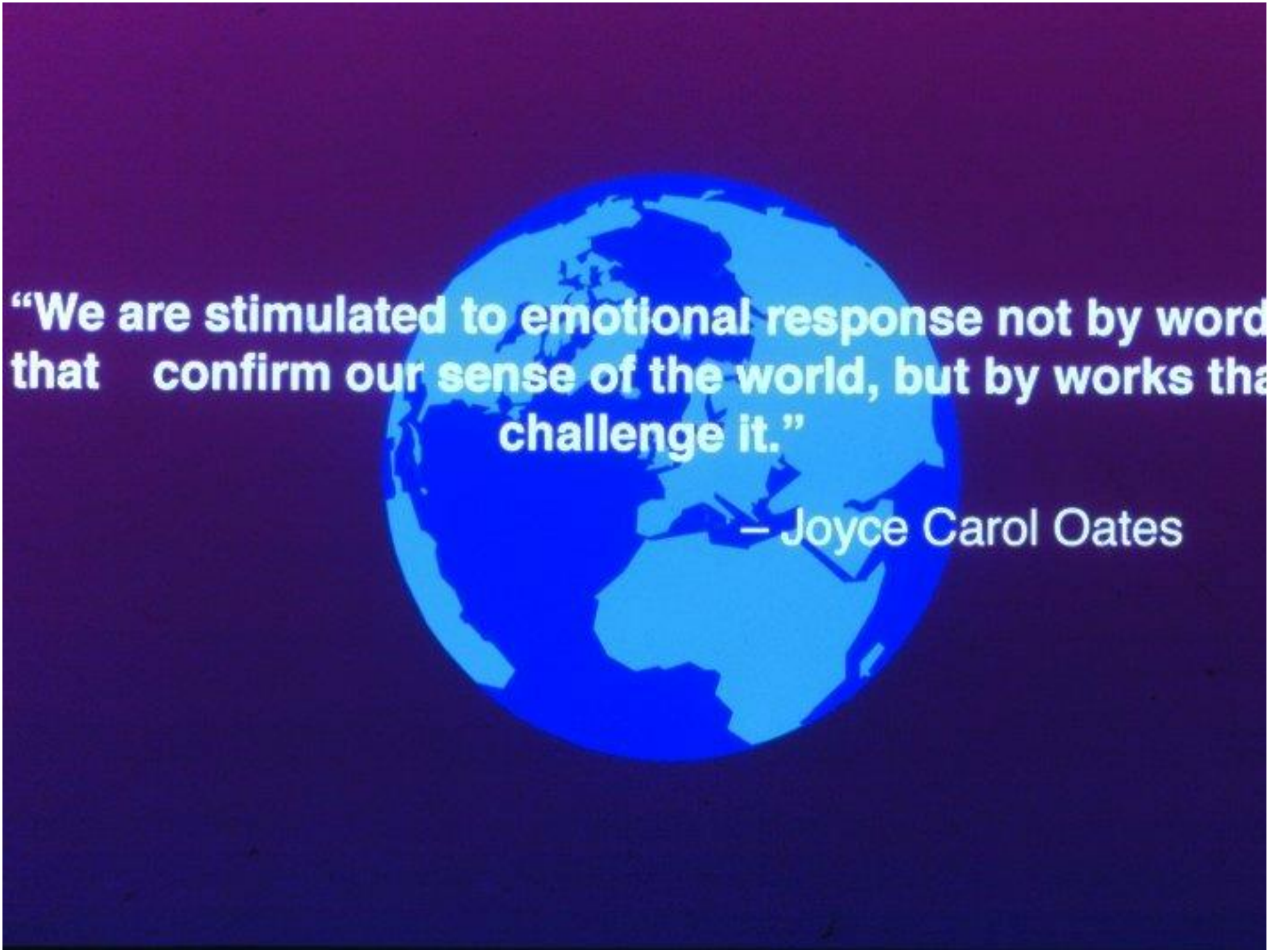
– Daniel J. Kornstein

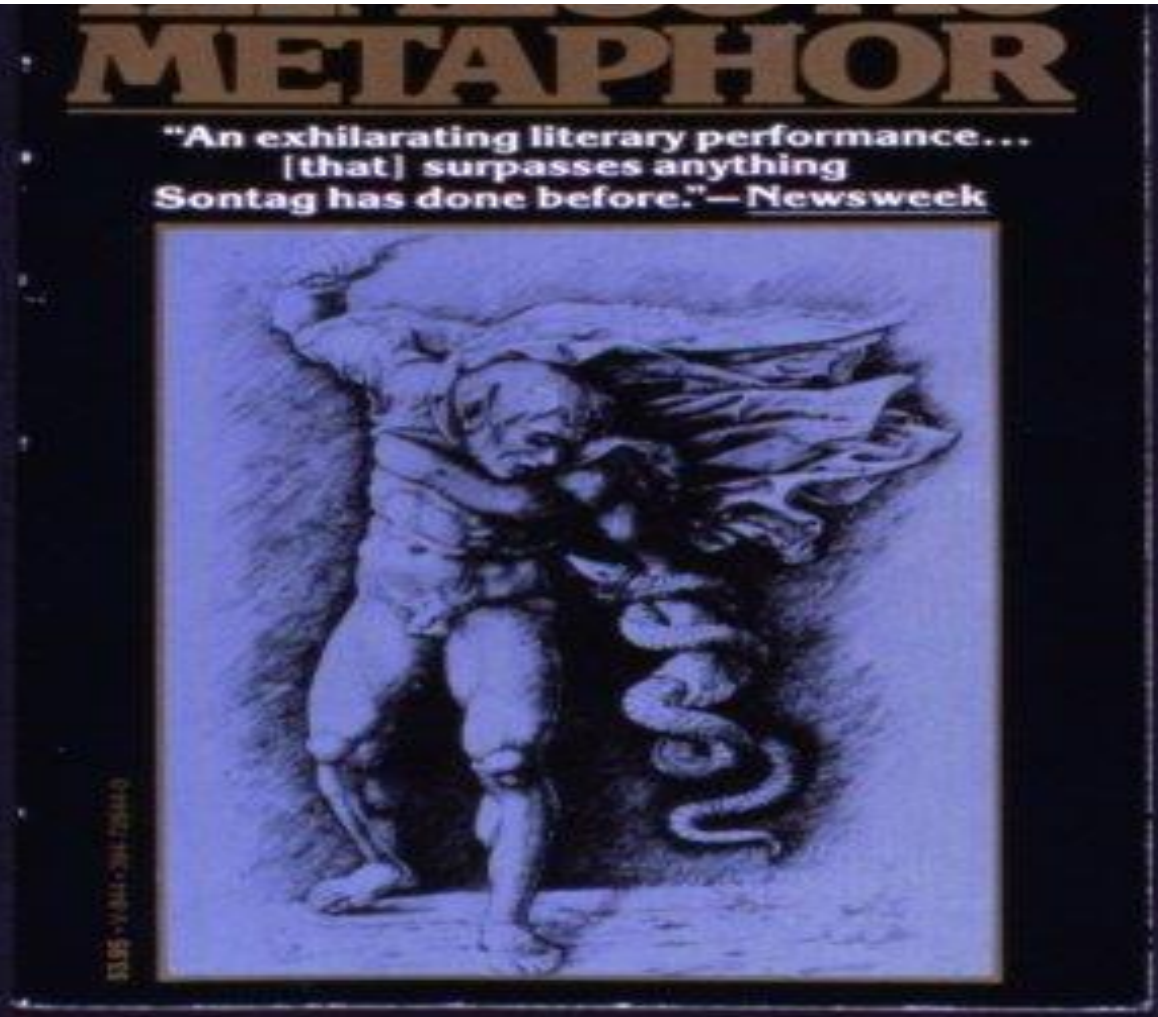
"Reading brings us from darkness into light, from ignorance to knowledge, from imprisonment to freedom."

19 83


"All Sorrows can be borne if you put them into a story or tell a story about them."
– Isak Dinesen


VOLUME EIGHT
LITERATURE AND MEDICINE
THE CULTURES OF MEDICINE


"We are stimulated to emotional response not by word
that confirm our sense of the world, but by works tha
challenge it."
– Joyce Carol Oates


METAPHOR
"An exhilarating literary performance... [that] surpasses anything Sontag has done before."—Newsweek

"How can I tell what I think till I see what I say?"

– E.M. Forster

"I have come to the conclusion that there is no such thing as normality. That is what makes story-telling such an absorbing task, the attempt to reduce to order the anarchic raw materials of life."

– Evelyn Waugh

WRITING AN AUTOBIOGRAPHY AND MAKING A SPIRITUAL WILL ARE PRACTICALLY THE SAME!

Sholem Aleichem

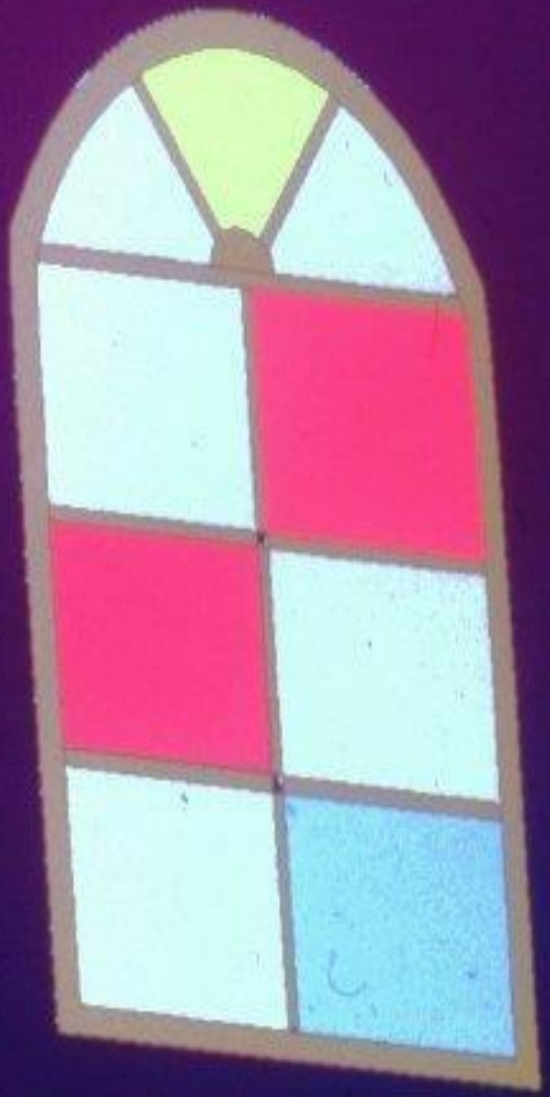
THE HOUSE ON HENRY STREET

BY

LILLIAN D. WALD

With Illustrations from Etchings and Drawings by Abraham Phillips and from Photographs

NEW YORK
HENRY HOLT AND COMPANY



"Prose is transparent language, like a pane of glass. Its function is to let meaning through as clearly as possible. Poetry, on the other hand, is like a stained glass window . It is translucent. It lets the light through, but the beauty of its design is there for its own sake."

"To this generation I would say: Memorize some bit of verse of truth or beauty."

I'M LOST.

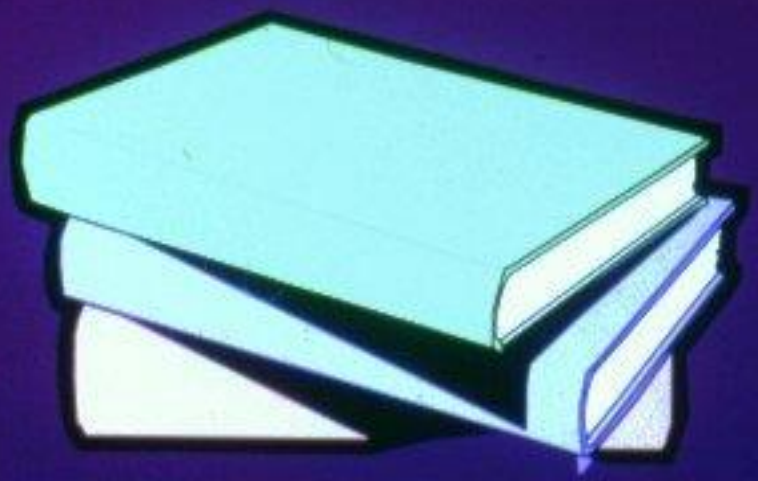
Favorite Poetry

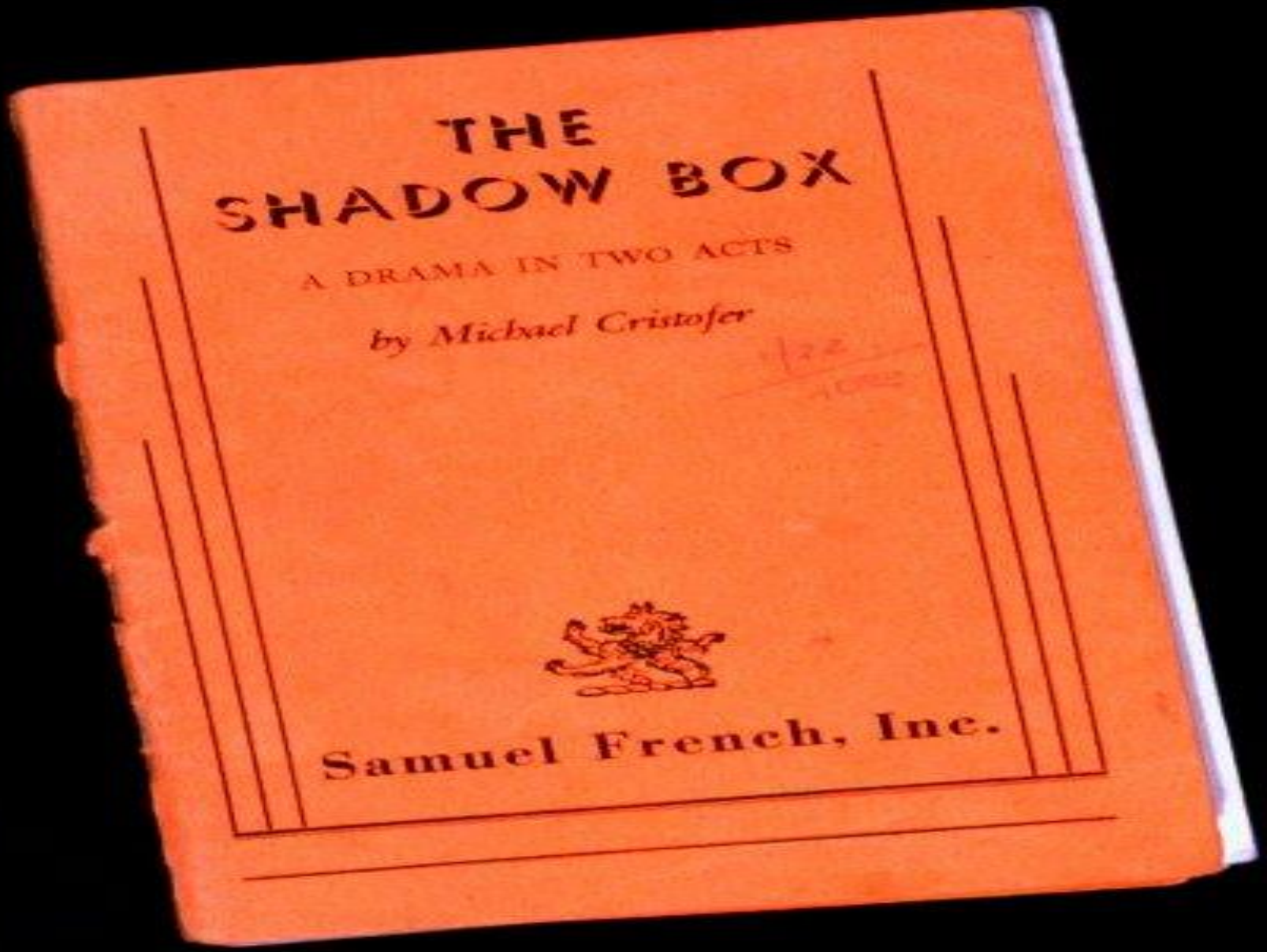
Lost David Wagoner

Independence A.A. Milne

"Poetry and history are the textbooks to the heart of man."

– Amy Lowell




THE
SHADOW BOX
A DRAMA IN TWO ACTS
by Michael Cristofer
Samuel French, Inc.

THEATER PRODUCTIONS:

WINGS, WIT,
ANGELS IN AMERICA,
MARVIN'S ROOM,
WHOSE LIFE IS IT ANYWAY,
ELEPHANT MAN, TEACHER,
AWAKENINGS

ARTS ASSESSMENT TOOL

ART

PAINTINGS

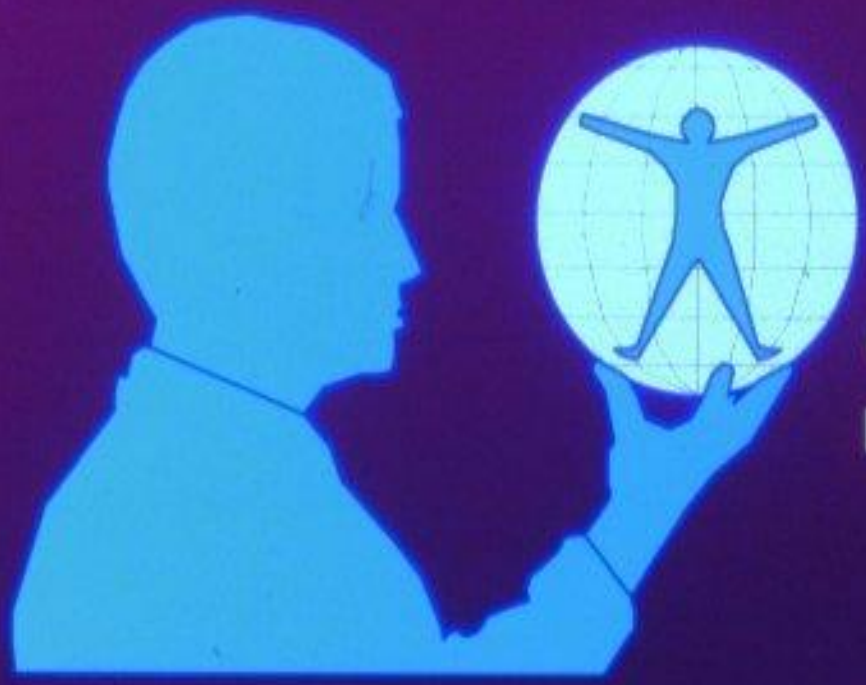
PHOTOGRAPHY

POSTER ART

SCULPTURE

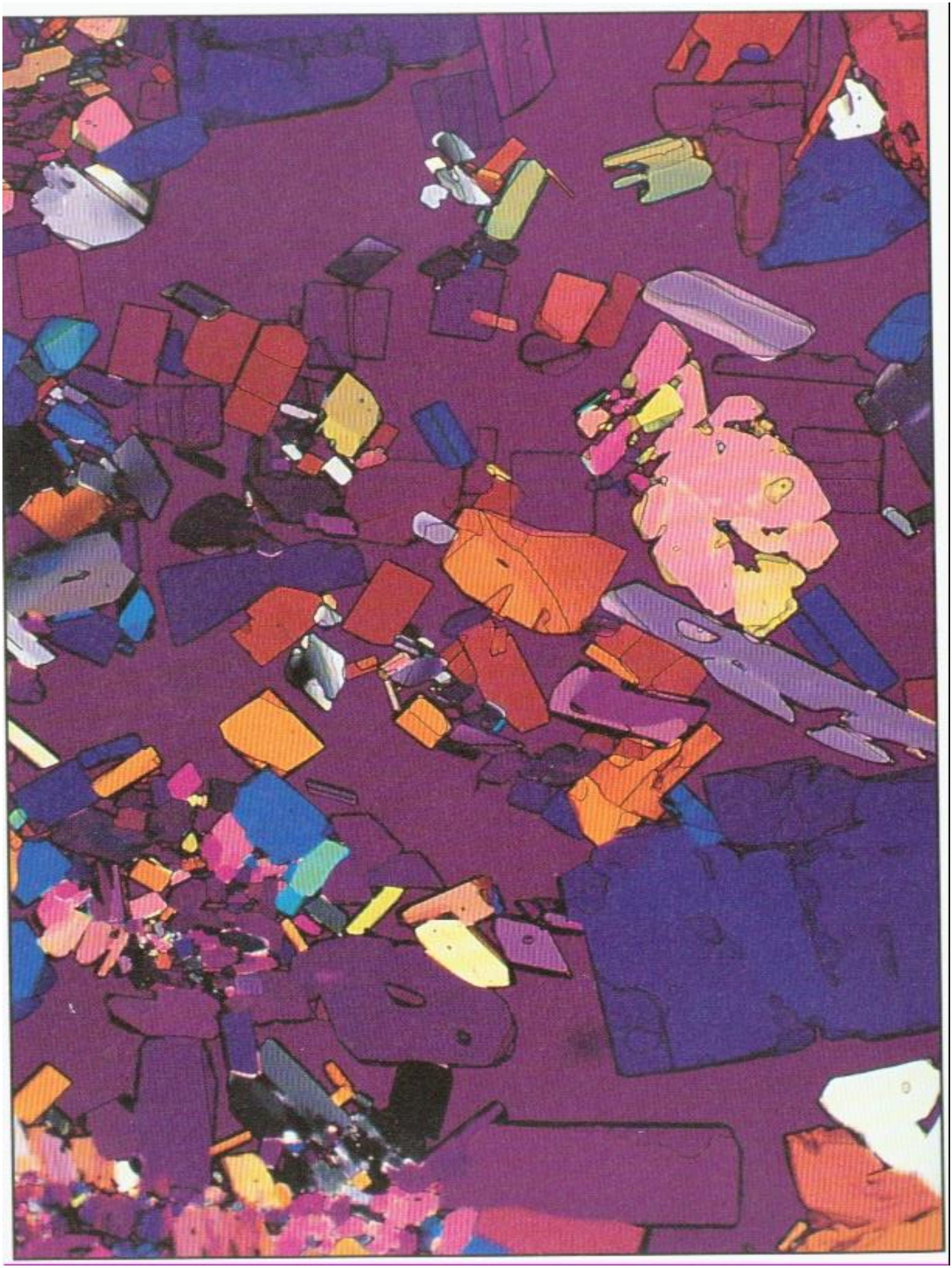
"The purpose of art is to lay bare the questions which have been hidden by the answers."

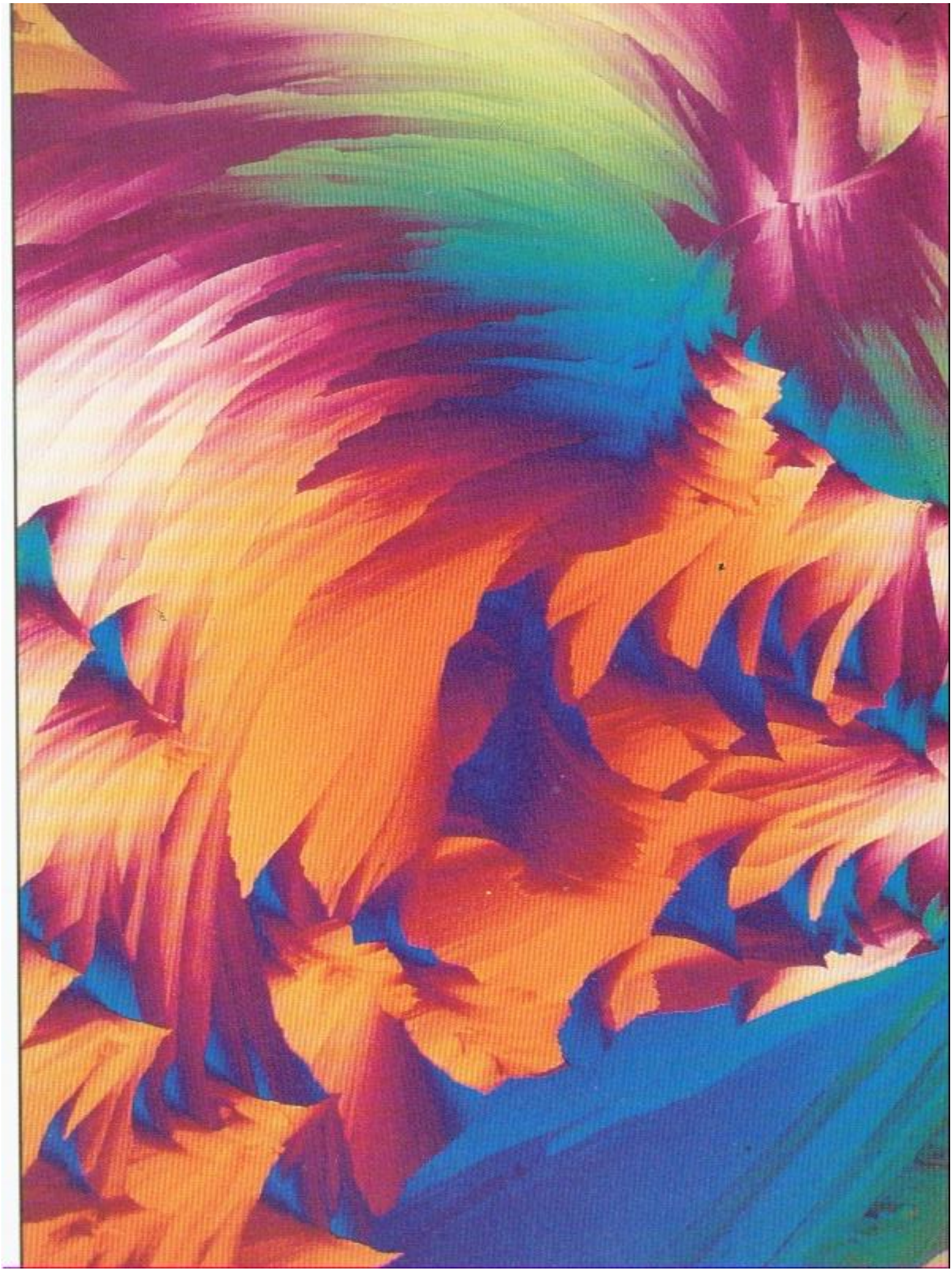
– James Baldwin

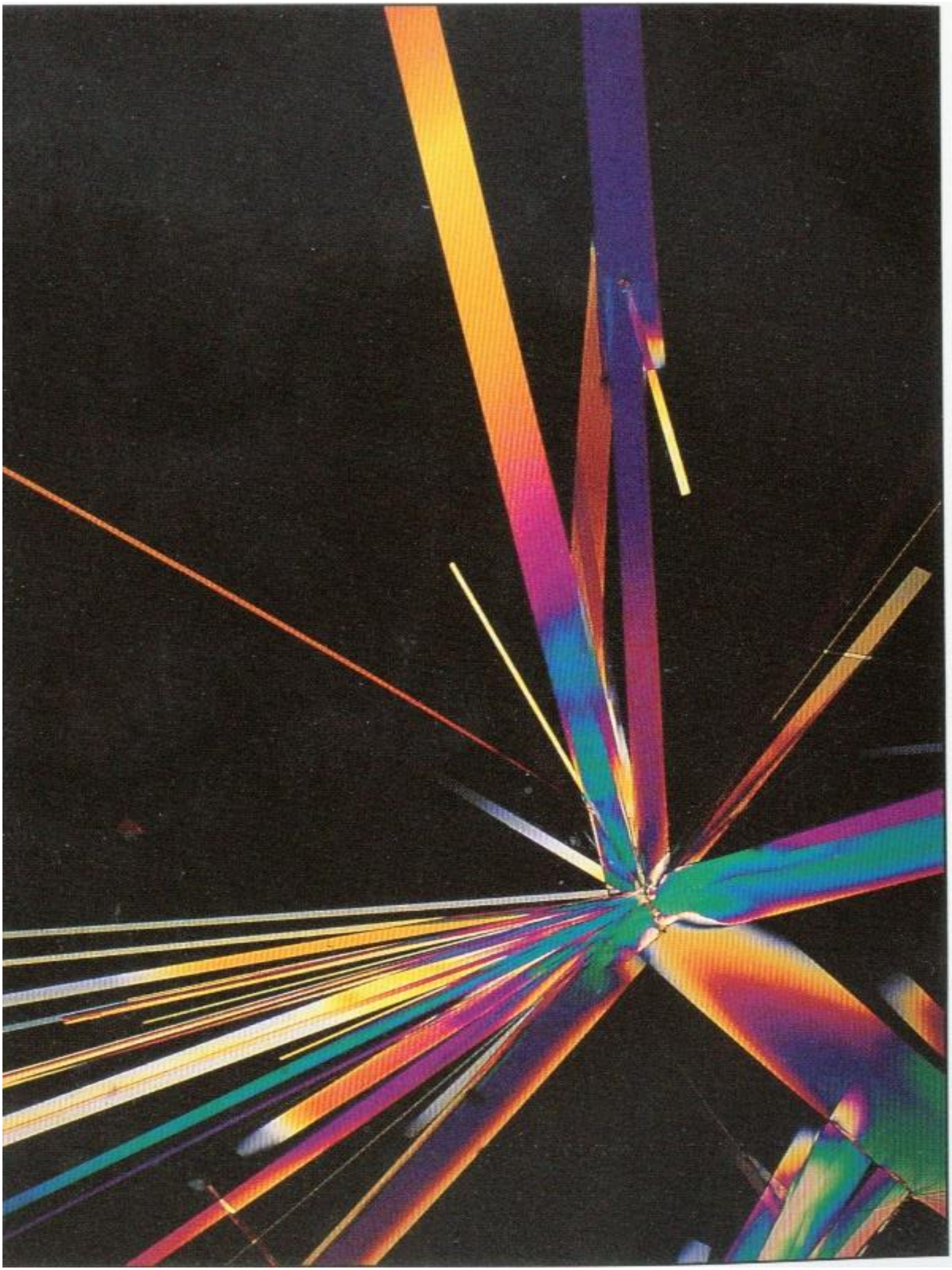


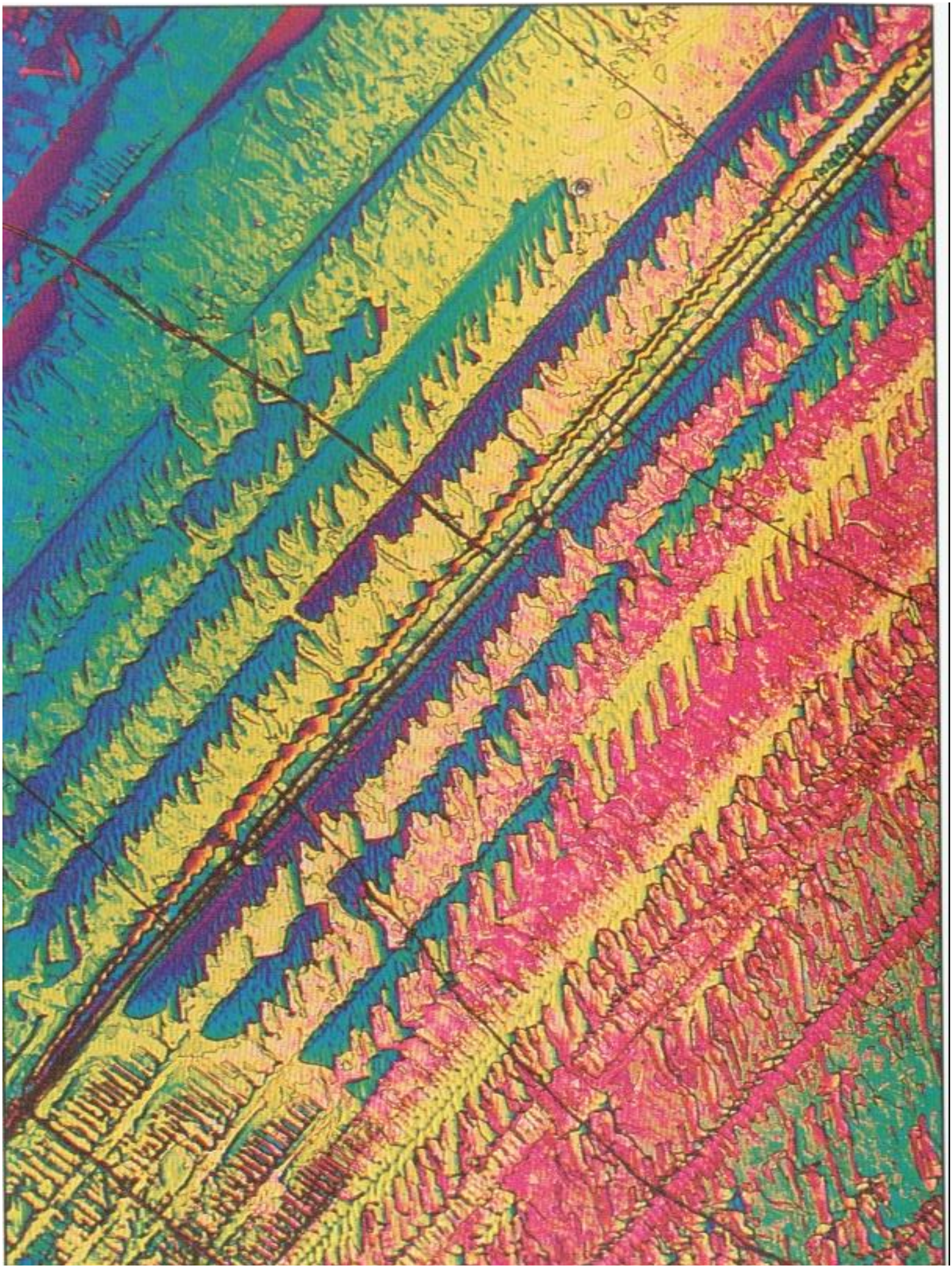
"[Art] is the most radical attempt to understand the meaning of our existence"

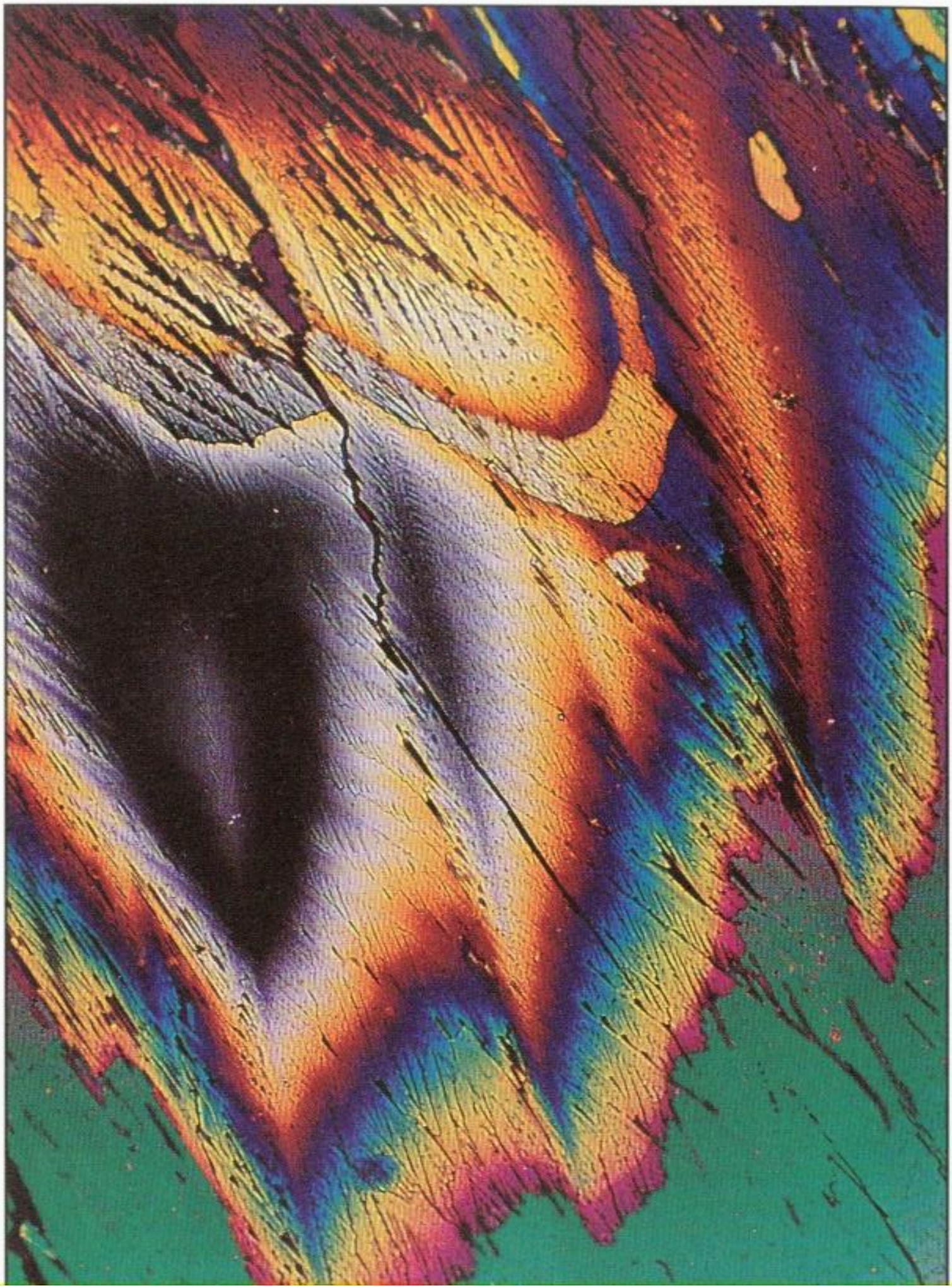
– Rudolf Arnheim

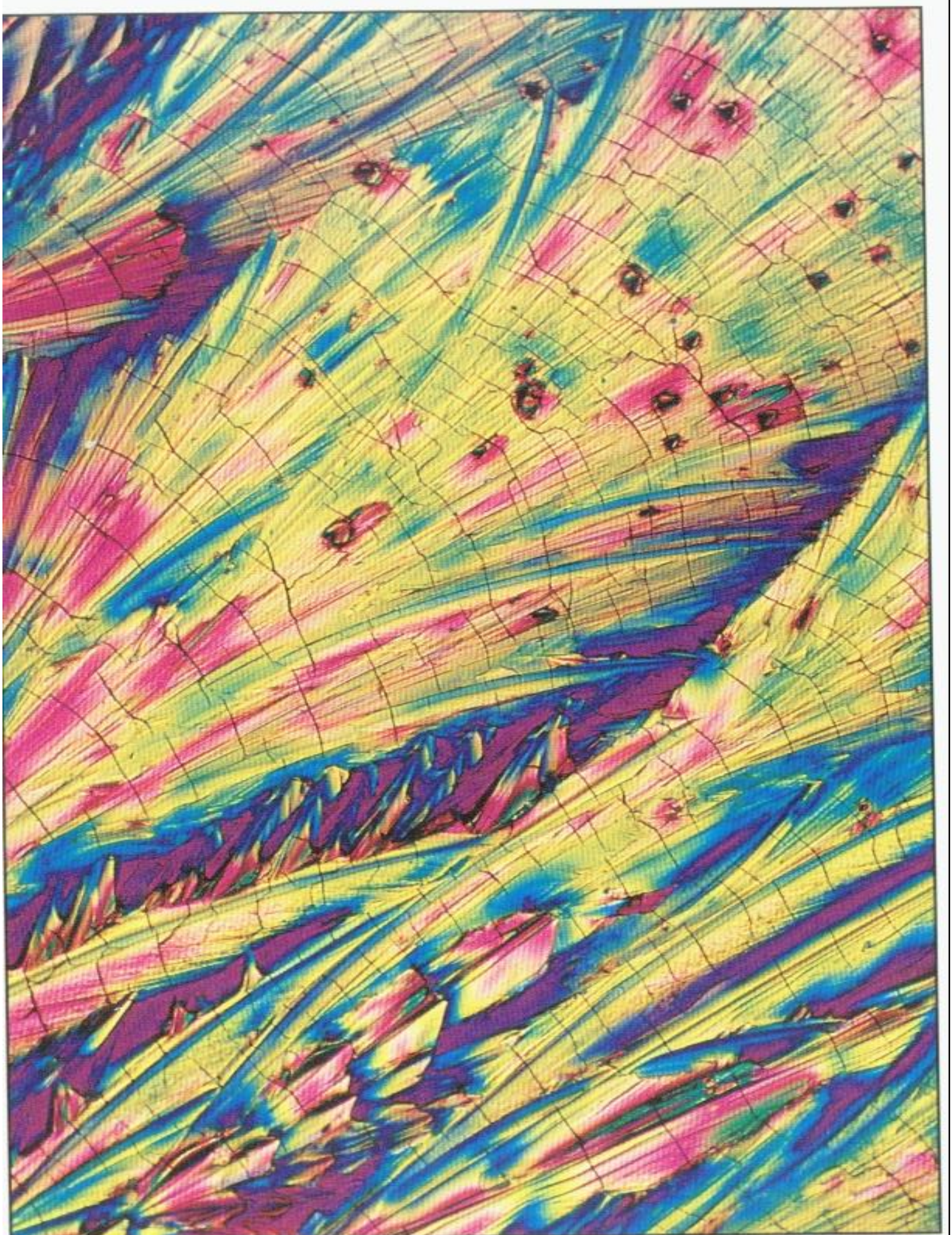


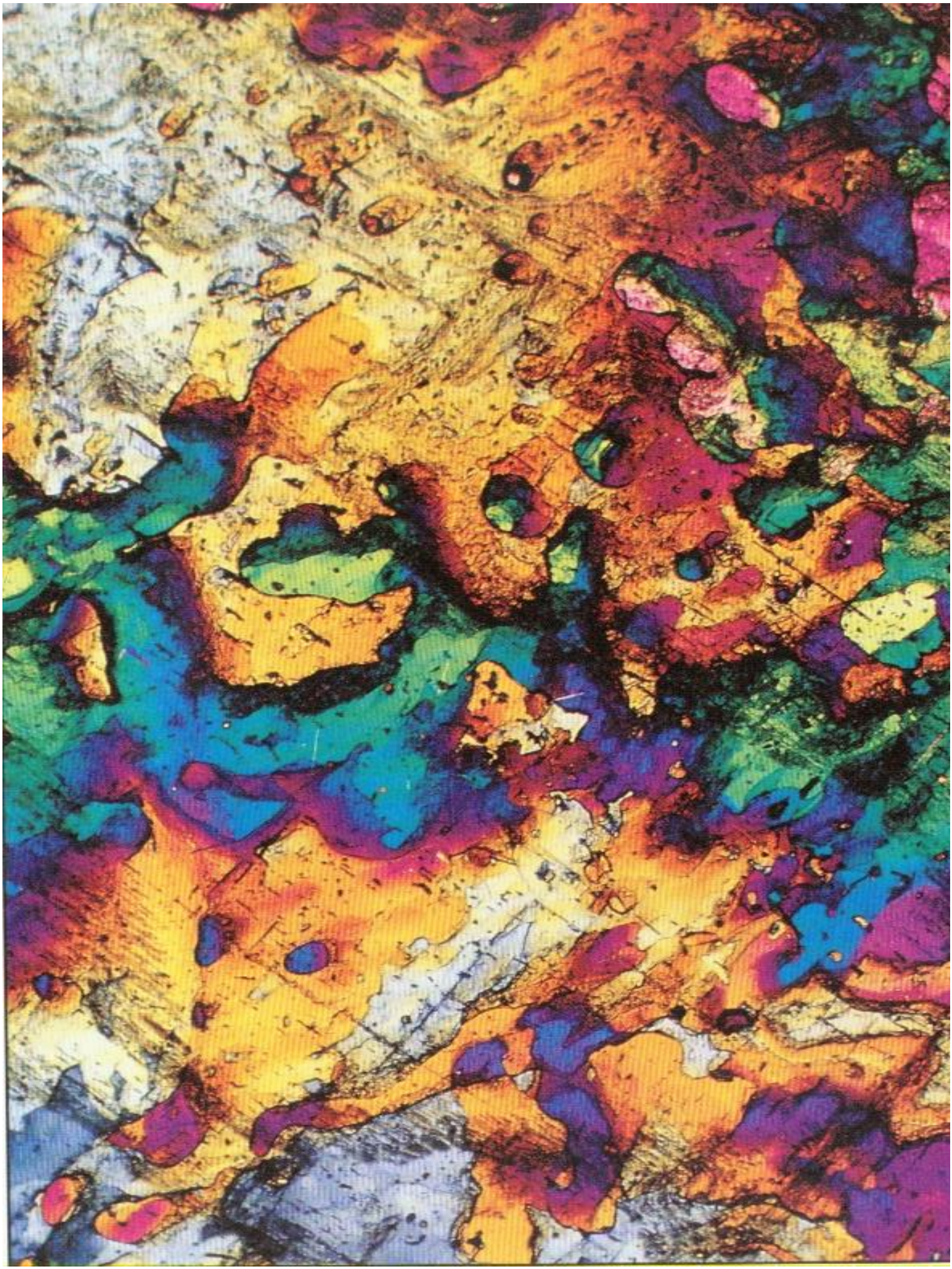


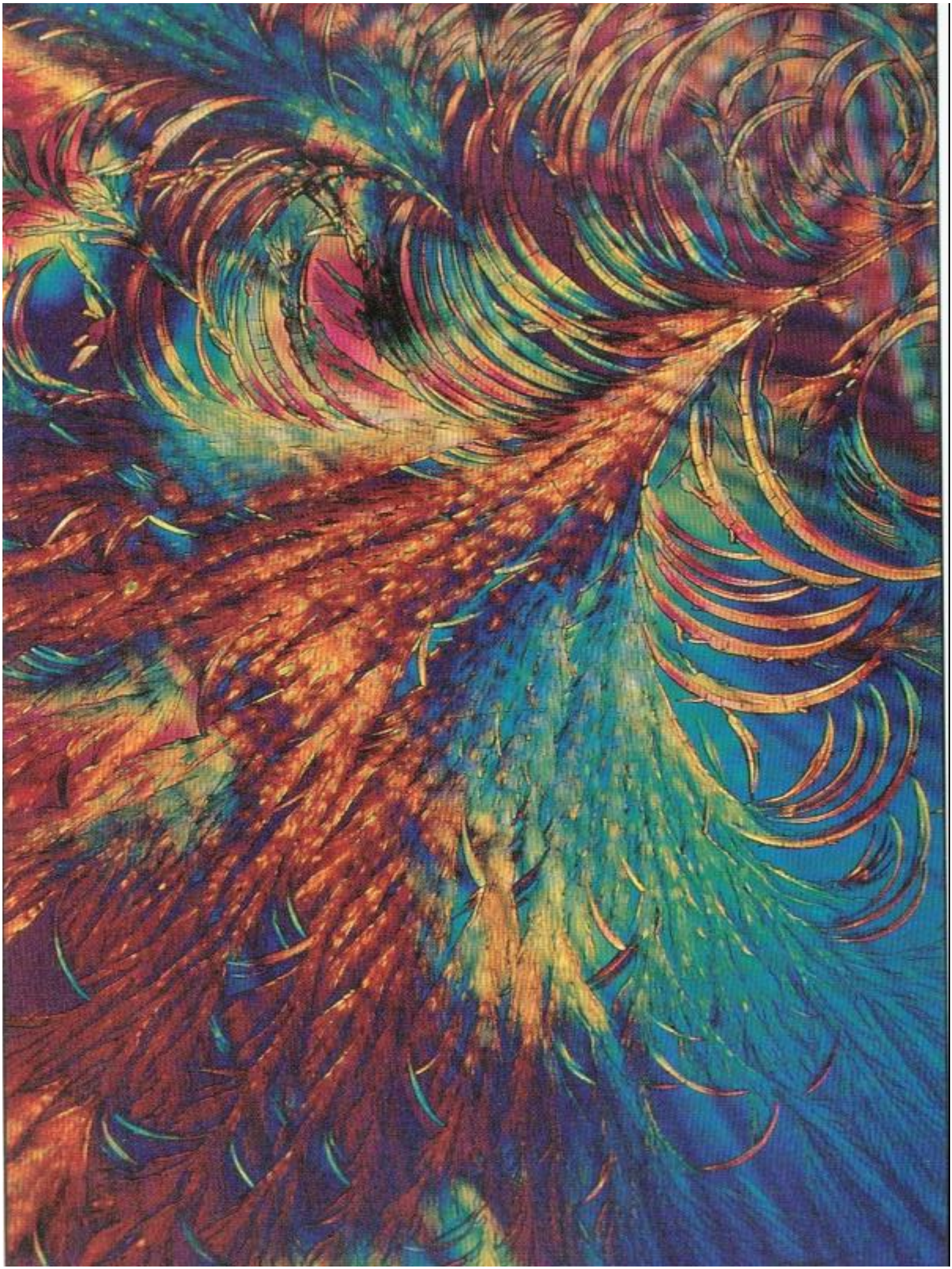




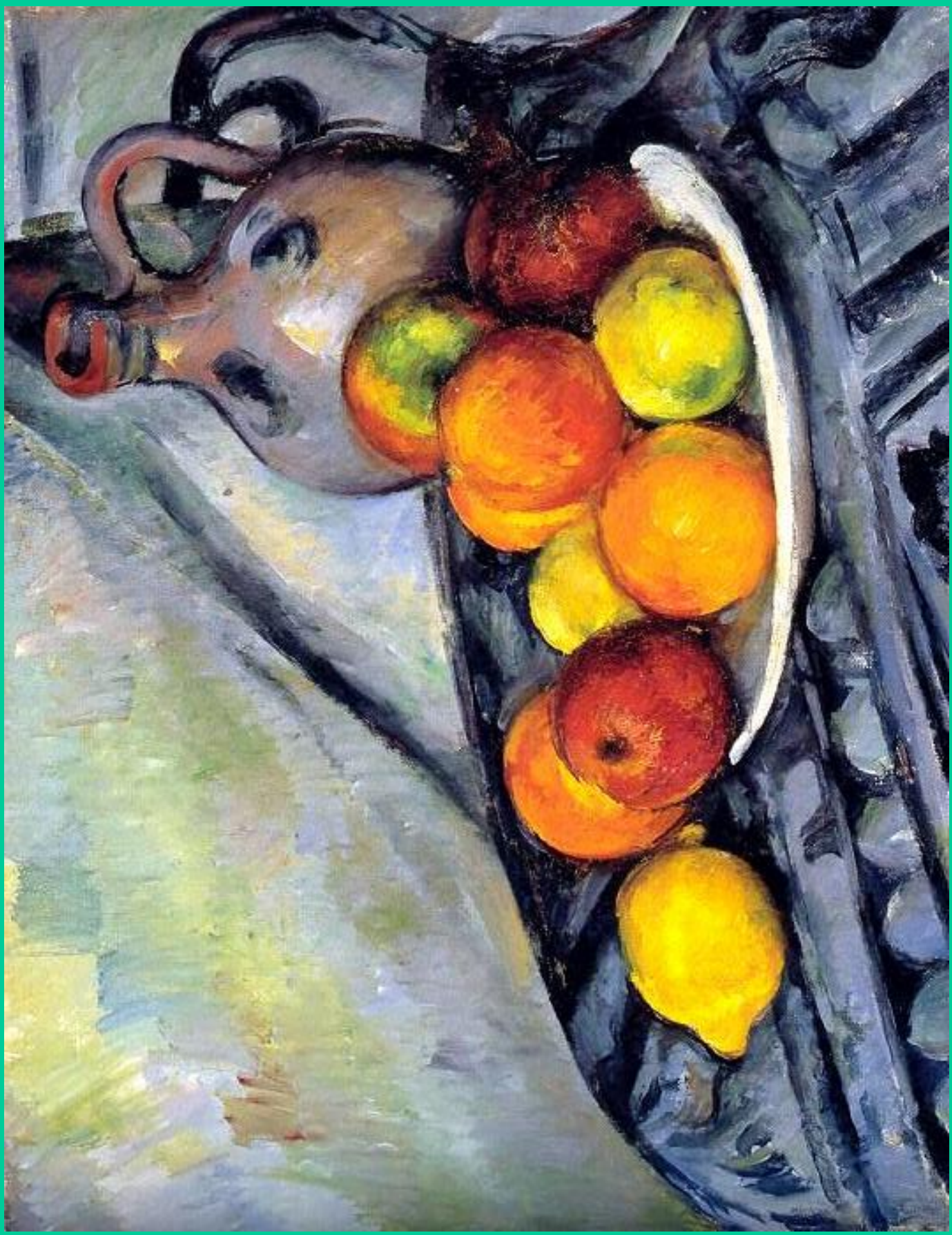




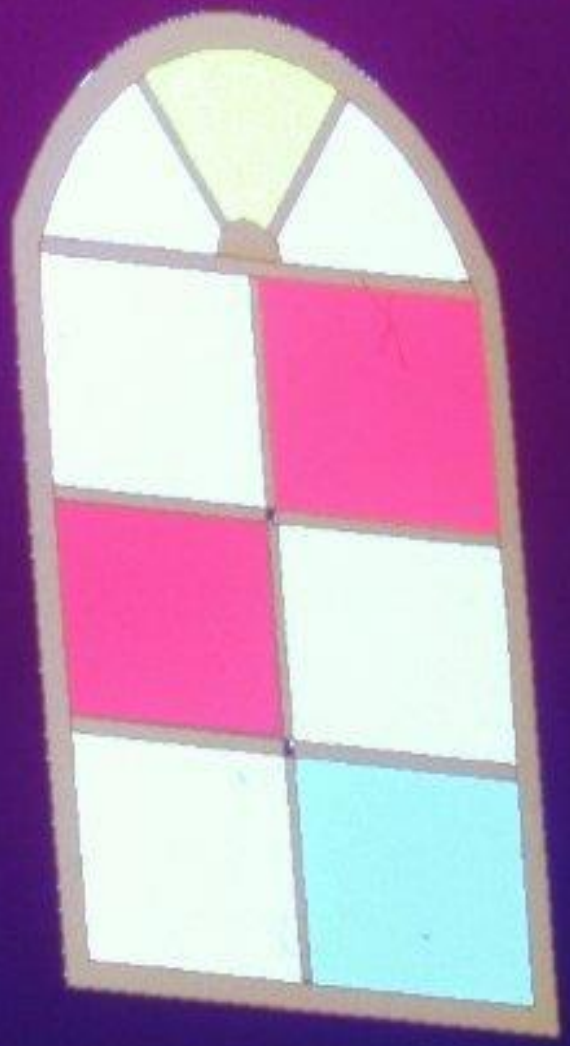




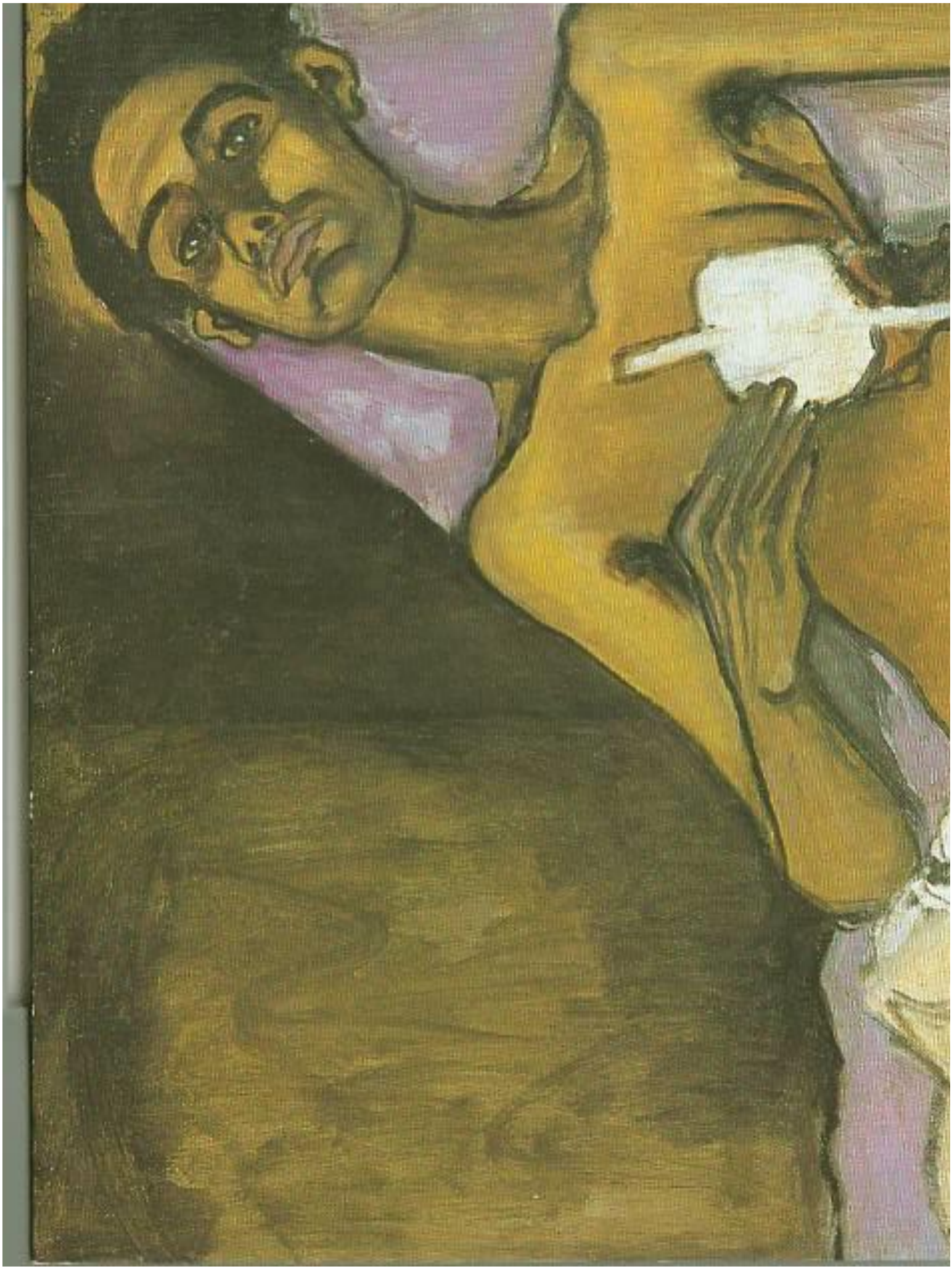
Emily Carr
Isadora Duncan



COFFEE TEA SALT
GOLD MEDAL FLOUR
DOMINO CANE SUGAR
A&P.

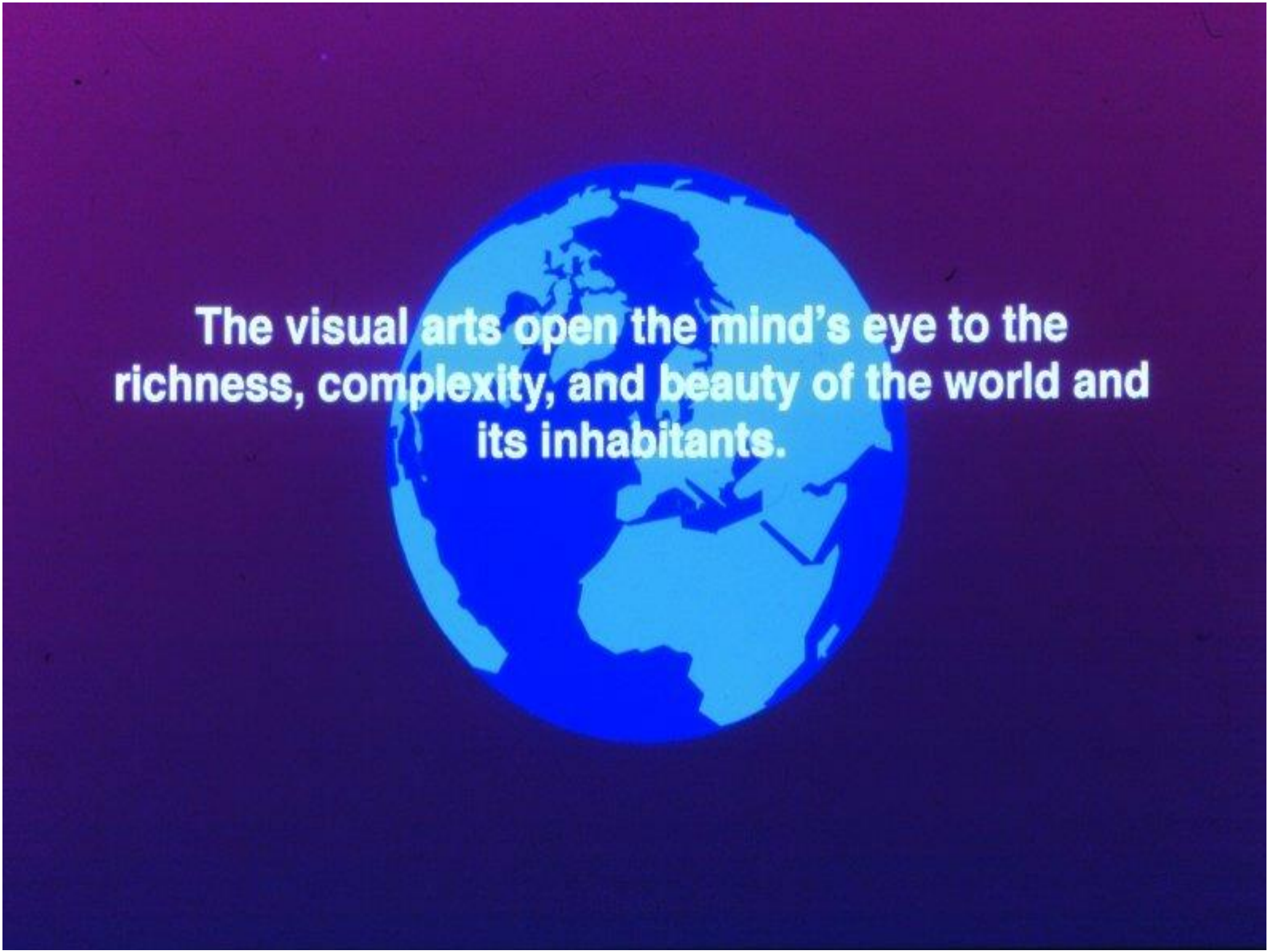


Art revels in ambiguity.



School nurse examining a student's throat in an undisdosed school building in North Carolina circa 1920.
(Courtesy of the North Carolina State Archives, PhC41.202.3)

Sharon Murphy's story inspired Selisa Rausch's *Life Vest*, a graphite drawing overlaid with x-ray film.

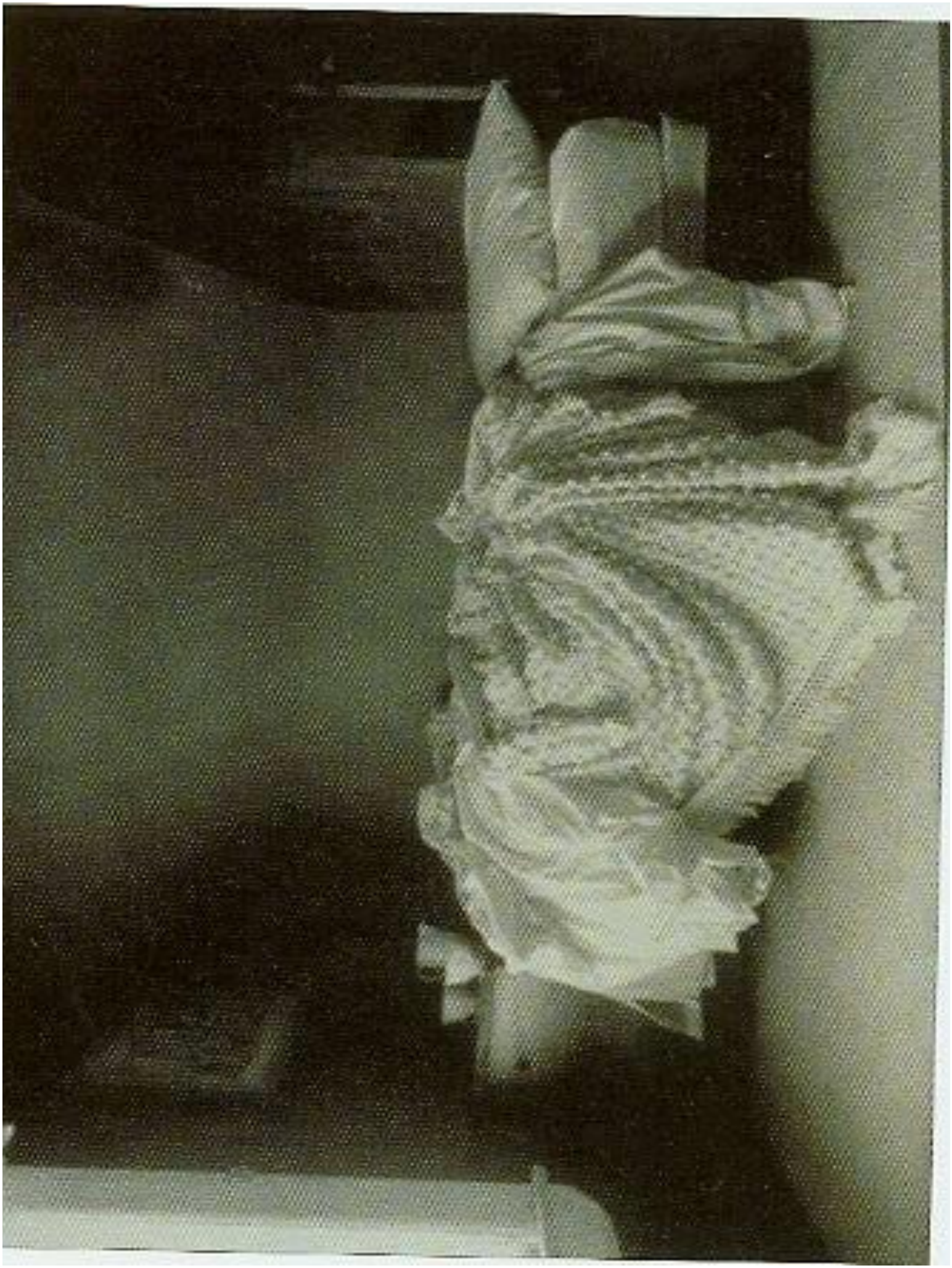

The visual arts open the mind's eye to the
richness, complexity, and beauty of the world and
its inhabitants.

INFANT, CHILD & MATERNAL HEALTH
1/-
PAPUA & NEW GUINEA

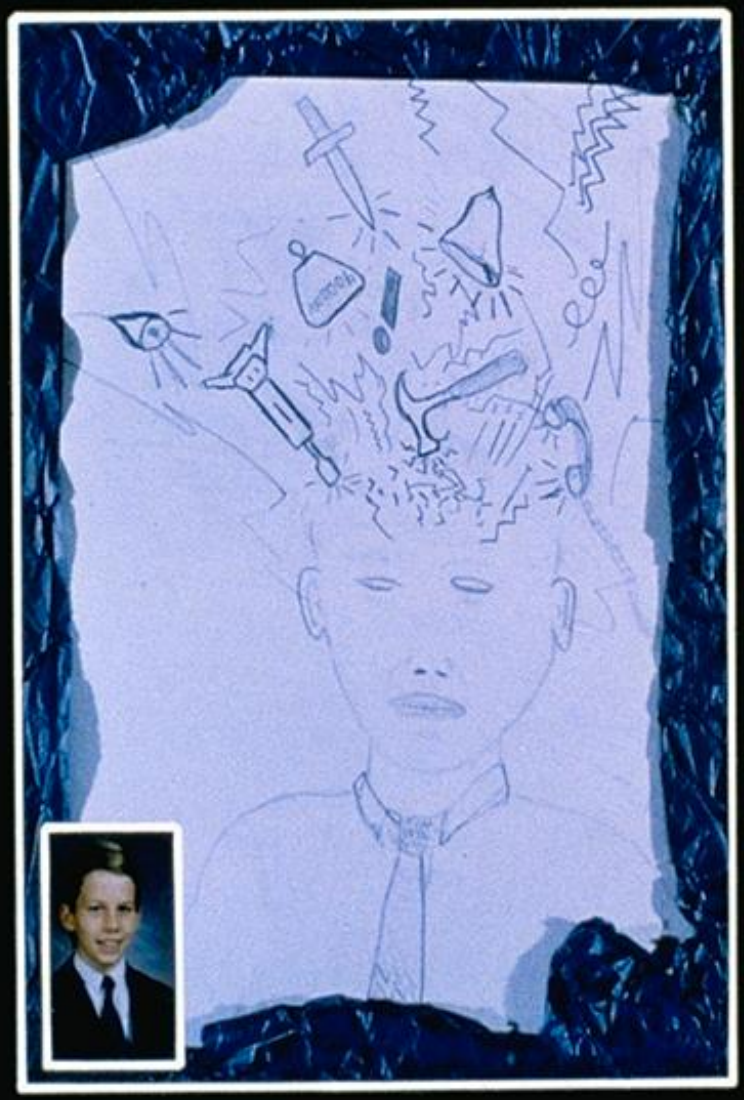
REPUBLIQUE FEDERALE
DU CAMEROUN
POSTES
50F
CROIX ROUGE CAMEROUNAISE
CAMEROONESE RED CROSS

Art has the power to expose the fallacy of mistaking the parts for the whole.

– Doug Adams (1991)



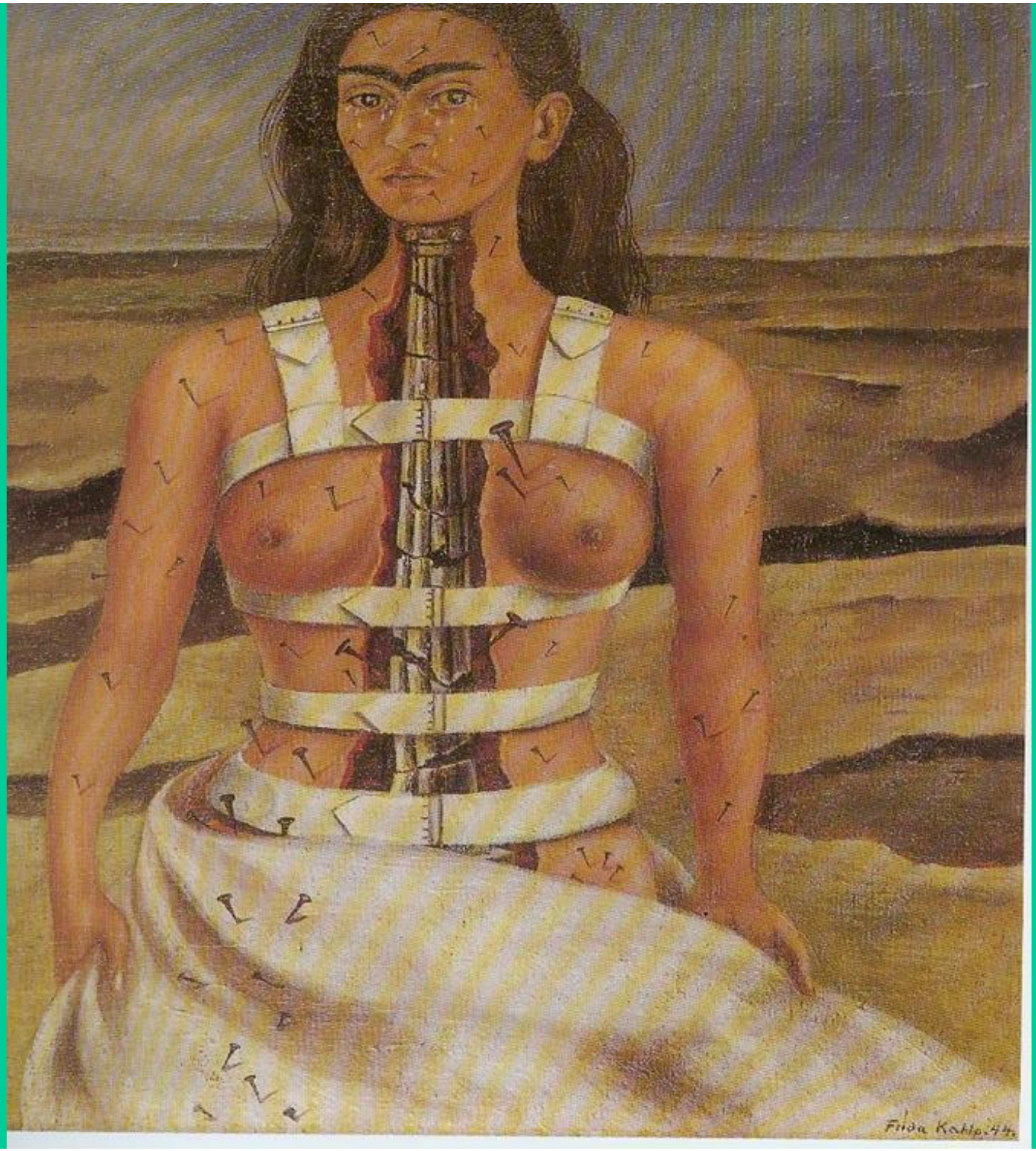
My Headache
by Jay Robins of Lexington, Massachusetts



©1991, Sandoz Pharmaceuticals Corporation

Here It Comes Again
by Gerard MacKay of Worcester, Massachusetts

©1991, Sandoz Pharmaceuticals Corporation


Frida Kahlo 44

Art is…a result of a grip on the fundamentals of nature, the spirit of life, the constructive force, the secret of growth, a real understanding of the relative importance of things, order, balance.

Henri (1984)

“A GOOD PAINTER HAS TWO CHIEF OBJECTIVES: TO PAINT MAN AND THE INTENTION OF HIS SOUL”

CROSBY

JAMA®

The Journal of the American Medical Association

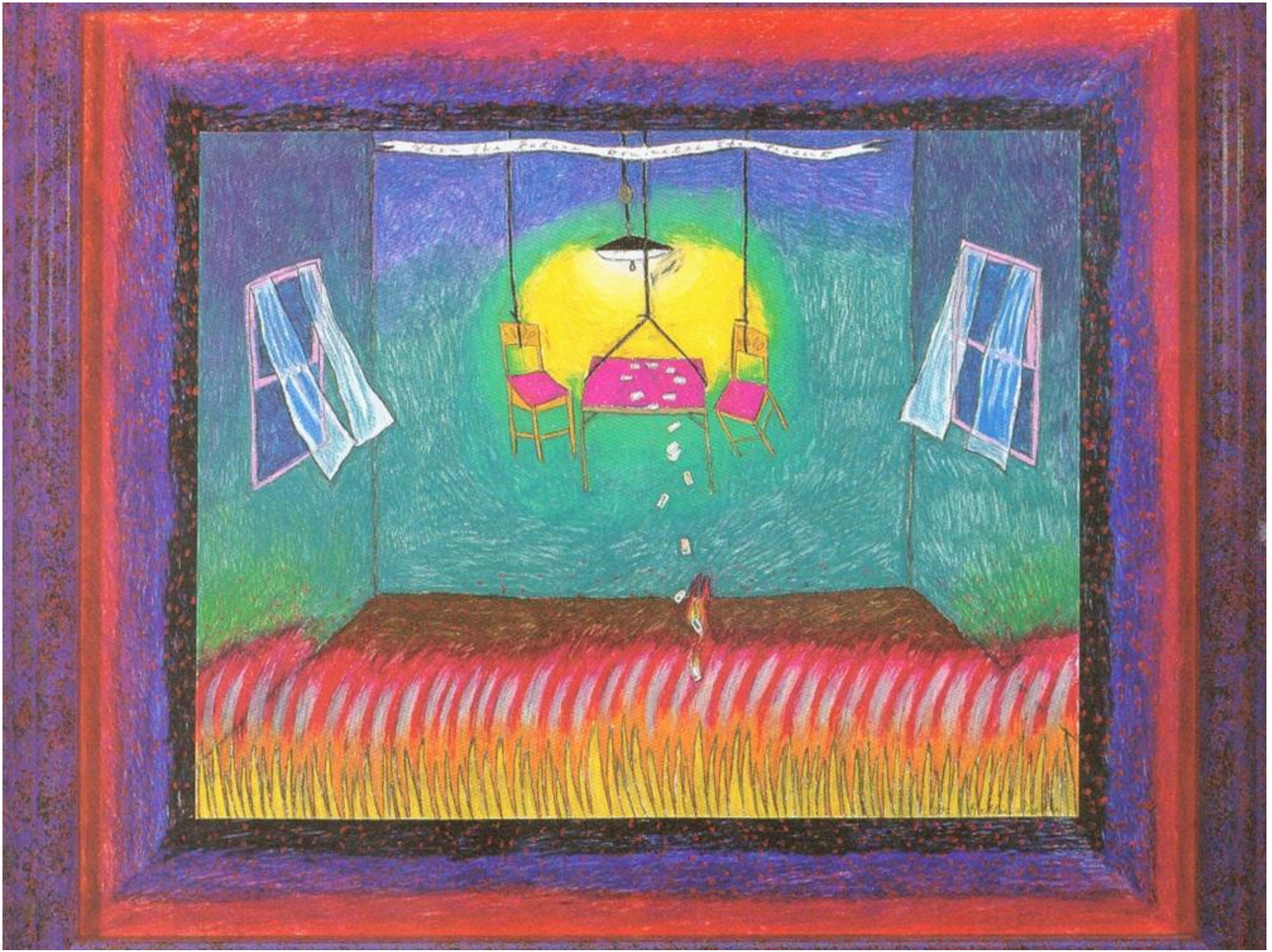
October 10, 1990

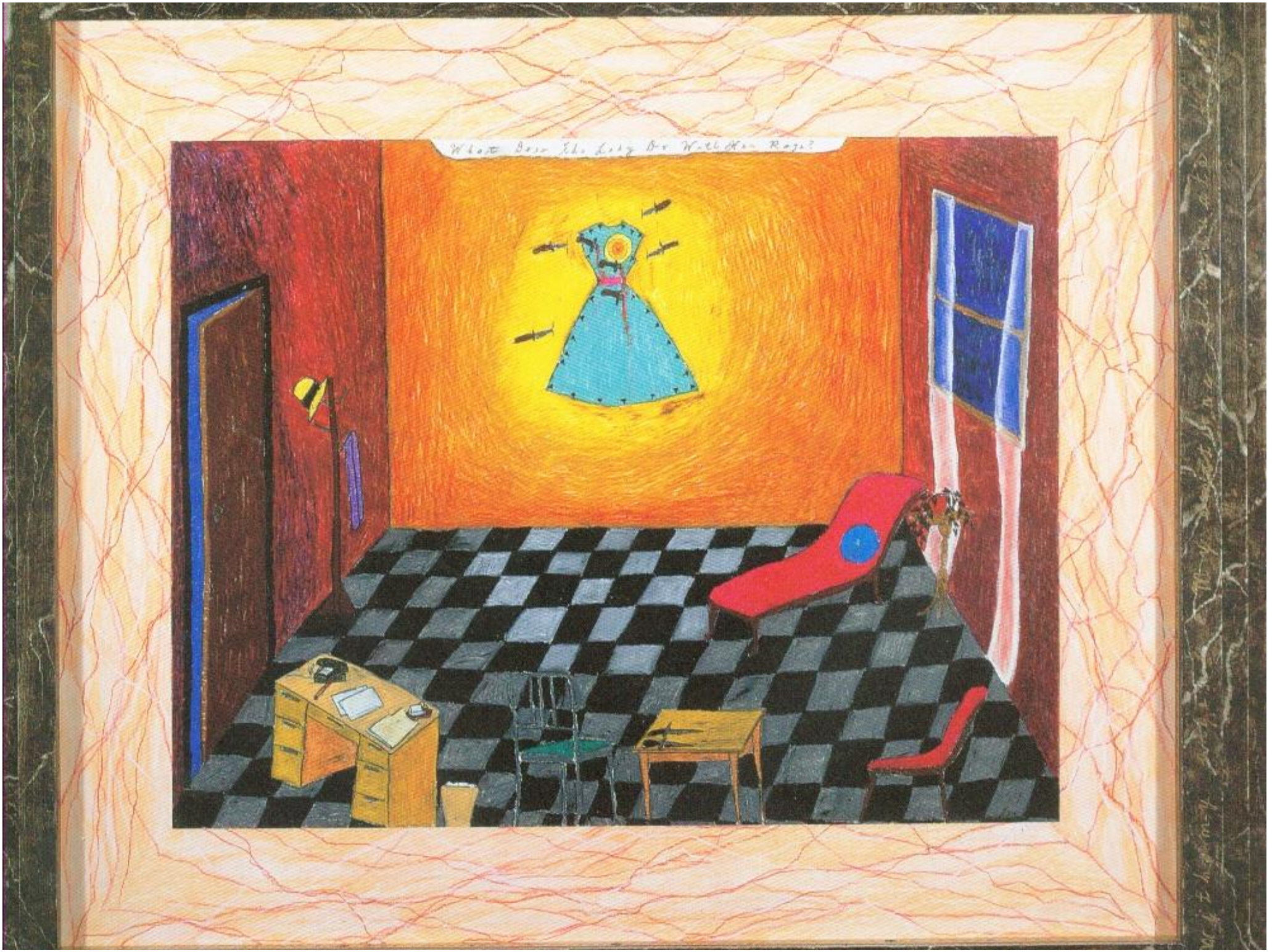
Illness/pain is both a body and soul experience…an ordeal for both and a time when healing of either can result. The arts speak in the language of the soul and can help us respond to a physical situation over which we have little control. They give us a way to search for meaning.

Jean Shinoda Bolen

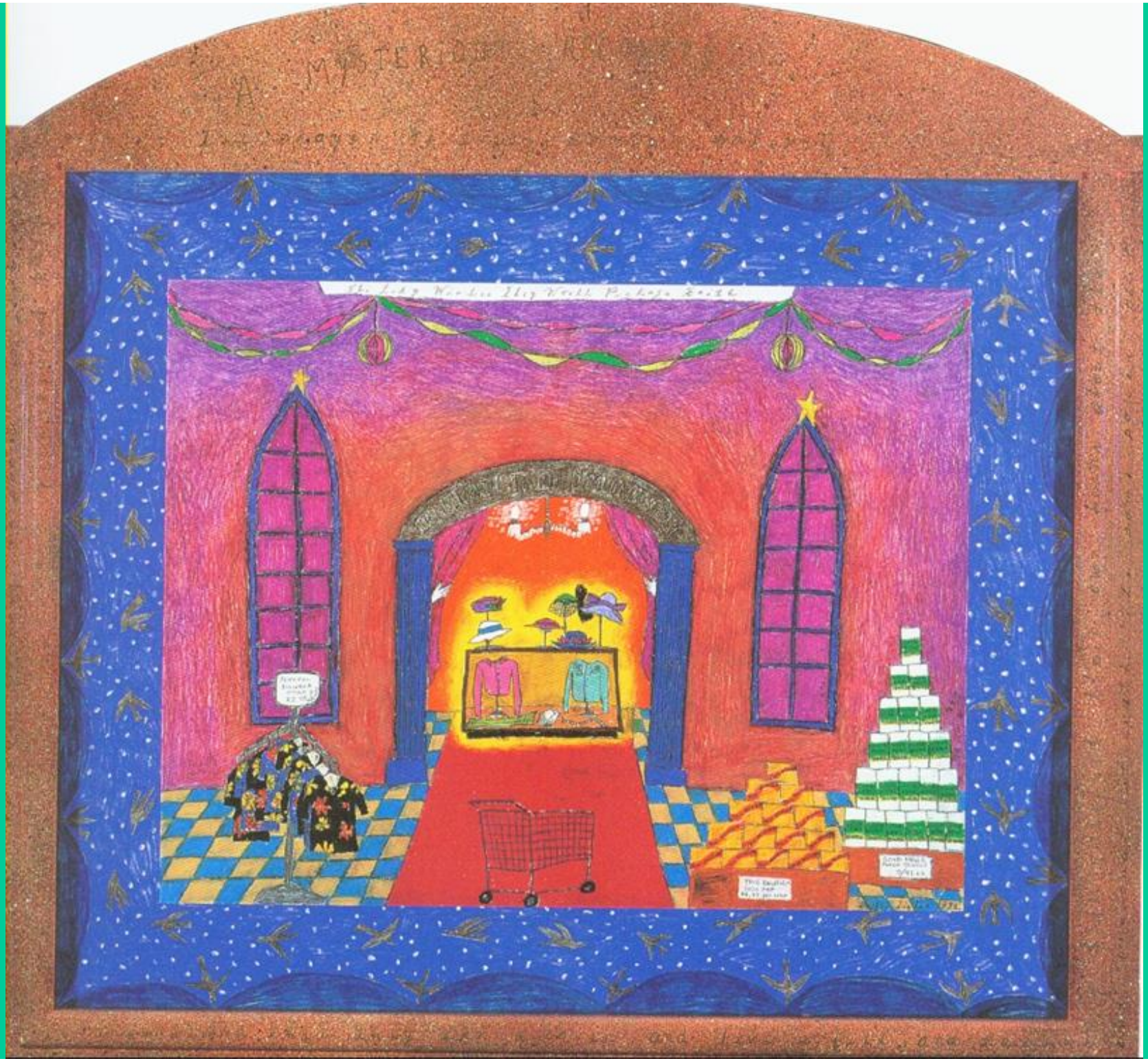
Painful Paintings

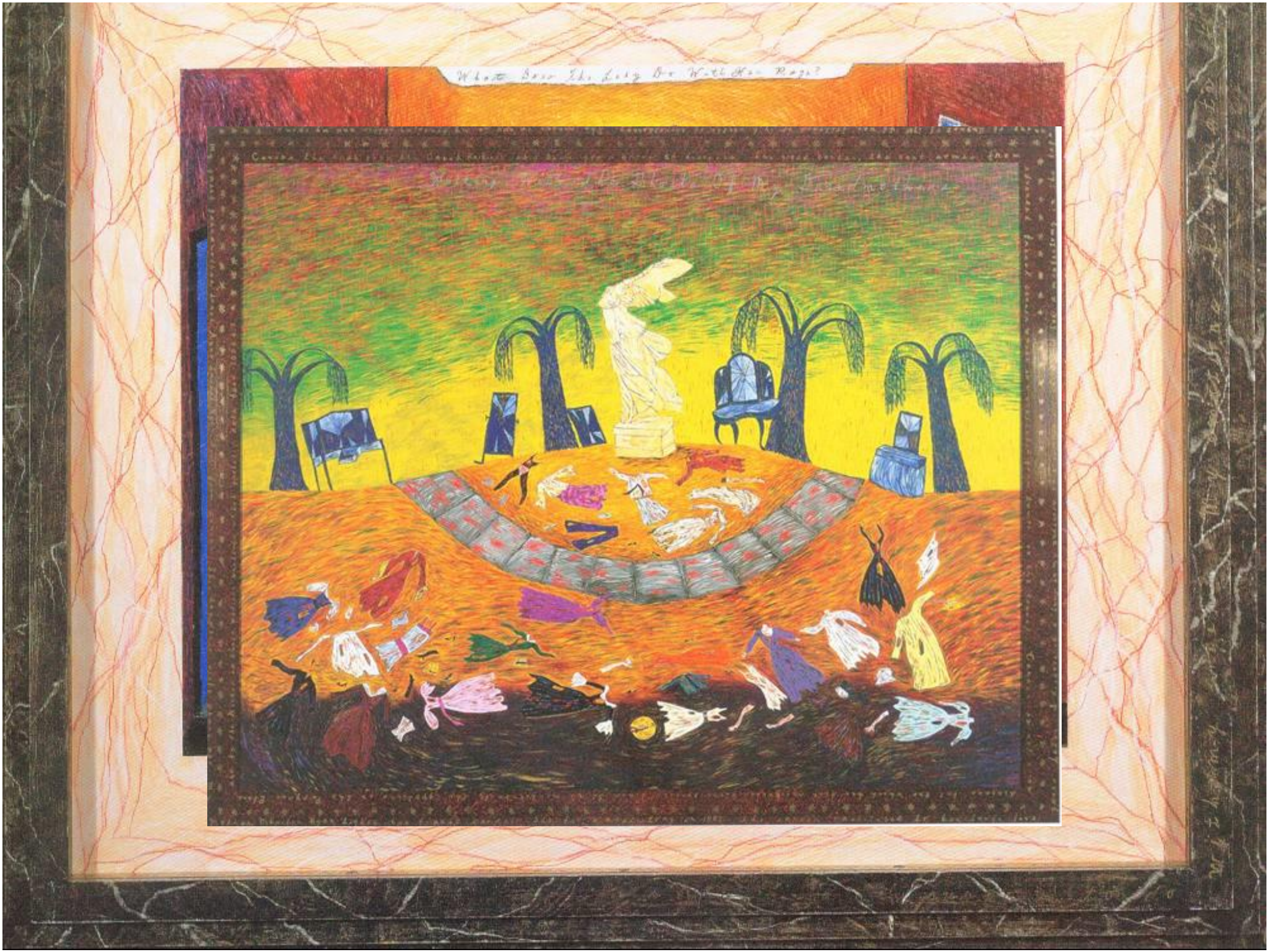
- Hollis Sigler: Breast Cancer Journal: Walking With the Ghosts of My Grandmothers 1993



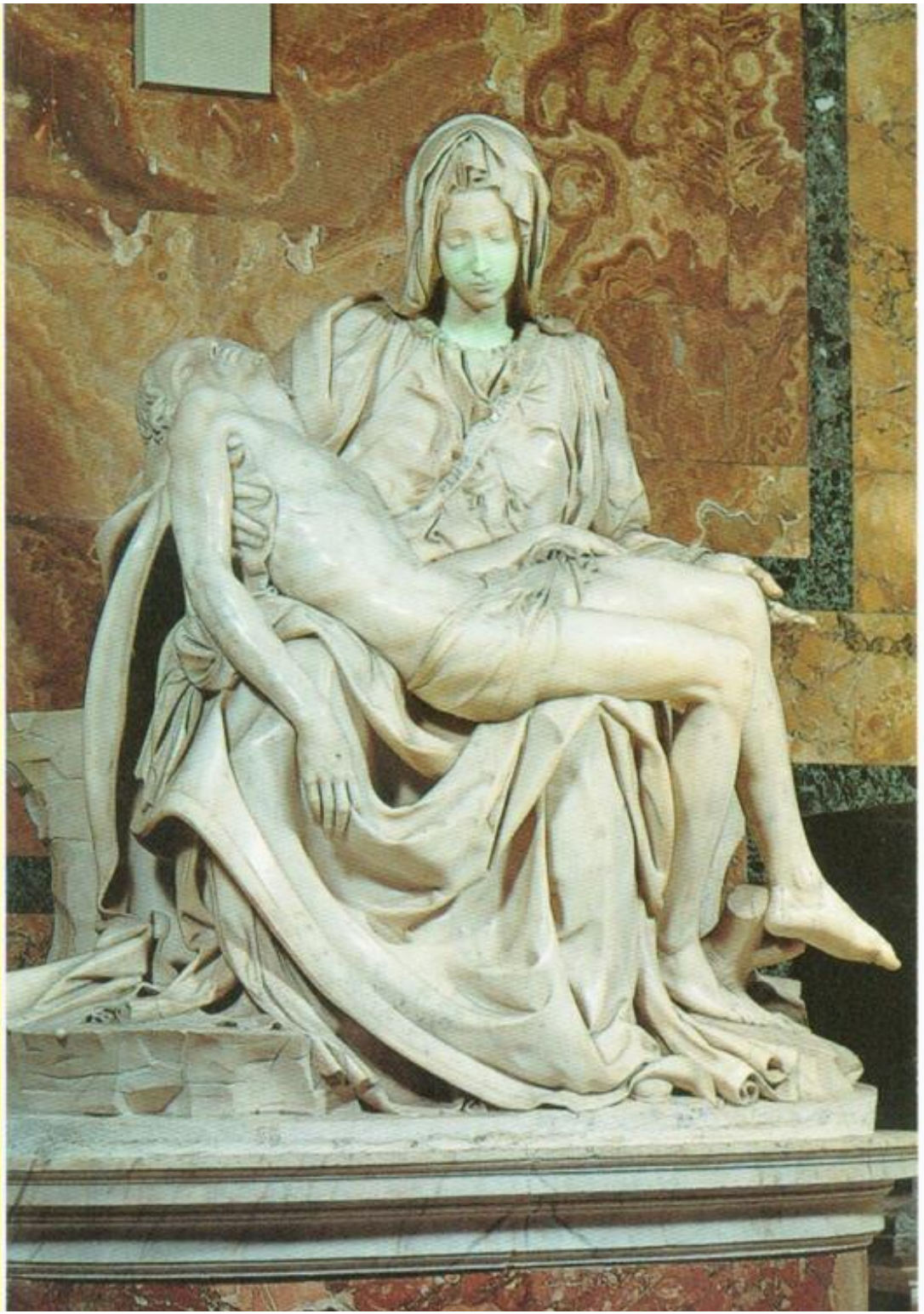


Maybe It Was Something I Ate?





SCULPTURE



ARTS ASSESSMENT TOOL
MUSIC

Classical

Popular

Opera

Jazz

Blues

Folk

Rap

LEADERSHIP LESSONS

FROM THE

JAZZ MASTERS

JAZZ LEADERSHIP LESSONS

- Listen closely
- Fond your own sound
- Take risks…improvise
- Remain fresh…innovate
- Find and nurture great talent
- Collaborate Creatively

JAZZ LEADERSHIP LESSONS

- Drive the Band
- Jam
- Dance with your Audience
- Stand for integrity
- Affirm Diversity
- Practice

GOD RESPECTS ME
WHEN I WORK

BUT HE **LOVES** ME WHEN
I SING!

TAGORE

leading with song
Hallelujah
with cymbals with joy
Miriam
into the promised land

THE ARTS CONTINUED

- PHOTOGRAPHY
- TATOOING
- FLY TIEING
- QUILTING
- SCRAPBOOKING
- CREATING RESTORATIVE SPACE

THE ARTS CONTINUED!

- NEEDLEWORK
- WOODWORKING
- FILM
- ARTCHTECURE
- CERAMICS
- JEWELRY MAKING

The real essence of nursing, as any fine art, lies not in the mechanical details of execution, nor in the dexterity of the performer, but in the creative imagination, the sensitive spirit and the intelligent understanding lying back of all these techniques and skills. Without these, nursing may become a highly skilled trade, but it cannot be a profession or a fine art.

Isabel Stewart (1929)

"Beauty brings magic and joy as it transforms and transfigures."

THE END!

THANK YOU!